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MEDIA CONTACT Christi Sullivan

Berlin Senior Center Recognized for Outstanding Work in Community Programming

National Institute of Senior Centers announces annual Programs of Excellence awards

(Berlin, CT—5/30/24) Today, The Berlin Senior Center was announced as a winner of the National Council on Aging (NCOA)'s National Institute of Senior Centers (NISC) Program of Excellence Awards. The Berlin Senior Center is one of seven total senior centers that are going above and beyond to provide older adults in their communities with helpful resources and opportunities to prevent social isolation.

"We're so proud to accept this award honoring all our incredible staff doing the work each day with the clients we serve," said Tina Doyle, Sr. Ctr. Director. "Older adults deserve much more than just a place to occupy their time, which is why we offer a range of resources and activities, from exercise classes, transportation, social events, and congregate meals."

The Programs of Excellence awards are judged by a panel of peers and NISC Affiliate members. The competition is divided into seven categories: Marketing/Public Relations, Social and Support Services, Health and Wellness, Intergenerational, Nutrition, Technology, Virtual and Hybrid Programming, and Modernizing Senior Centers Innovation Award.

The Berlin Senior Center entry "A Visit with our Transition Academy Friends, was the 2023 Programs of Excellence Award Winner in the Intergenerational category. What started as a collaboration between the Senior Center and the Central CT Transition Academy, part of the Berlin School District resulted in a wonderful, ongoing friendship. The <u>Berlin Senior</u> <u>Center</u> provides information and assistance to adults 60+ and their family members and caregivers, connecting them to state and local resources. Offerings include health & fitness, recreational, and social programs, daily transportation services, and a daily nutrition program is offered which including a congregate meal at the center and meal delivery. The intake site for the Fuel Assistance program and the AARP Free Tax Aide, the center "is committed to offering an open and welcoming space to everyone."

To view a list of current and past winners, go to <u>https://www.ncoa.org/article/nisc-annual-programs-of-excellence</u>.